

Body Treatments

Organic Coffee Chocolate Body Treatment

Treat your body to a scrub of ground organic coffee beans and rich natural oils, toning skin and reducing the appearance of cellulite. Organic antioxidant rich cocoa and shea butter will restore vital minerals to your entire body. Finish with luxurious Tahitian vanilla body cream. You will feel decadently renewed! **\$90**

Seaweed Lavender Body Treatment

Seaweed is combined with Spanish Sage and Lavender in mineral rich clay to create a powerfully detoxifying wrap. Your body is replenished, as tension is released and vital nutrients are absorbed, leaving you feeling lighter. **\$90**

Age Defying Body Treatment

This full-body experience begins by utilizing the powers of organic fruit enzymes stimulating renewal. Micro-Current is used to lift and tone problem areas such as thighs, buttocks, love handles and upper arms. Completed with application of intensive age defying antioxidant rich body emulsion. **\$120**

Simple Luxury Body Scrub

Your body is gently detoxed with a soft bristle dry brush. Customize your own treatment by selecting aromatherapy oils used in the sea salt scrub and organic shea butter lotion. **\$75**

Gentle Facial Waxing

Our Organic Milk and Honey Wax is Gentle enough for any skin type.

Brow **\$15**

Lip **\$12**

Chin **\$15**

Chin & Neck starts at **\$18**

Half Leg **\$25**

Full Leg **\$50**

* Additional body waxing by request

Non-Toxic Nail Treatments

Traditional Manicure

Pampering in a minimum amount of time. Nails are perfectly filed and shaped, hands are gently exfoliated and moisturized. Completed with your choice of non-toxic nail color. **\$25**

Spa essentials Manicure

Pampering that leaves hands and nails beautiful and refreshed. Exfoliation, followed by relaxing massage, organic lemon hand cream is used to soothe and moisturize. Your choice of non-toxic nail color completes the experience. **\$35**

Gentlemen's Manicure

Nails and cuticles are filed and clipped. Hands are exfoliated and moisturized with organic hand cream. Finish the manicure with a nail buff. **\$35**

Traditional Pedicure

Detailed pedicure including detoxifying cleanses, exfoliation, shaping, grooming and relaxing foot massage. Finish with your choice of non-toxic nail color. **\$40**

Spa Essentials Pedicure

Relax and give your feet the attention they deserve. With this deluxe pedicure, receive a detoxifying cleanse, exfoliation, mask, and organic cream. Finish with your choice of non-toxic nail color. **\$50**

Gentlemen's Pedicure

Nails and cuticles are filed and clipped followed by exfoliation, relaxing massage and organic foot cream. Finish pedicure with nail buff. **\$50**

Seasonal Pedicure

Deluxe treatment that celebrates the four seasons while pampering your feet. Special attention given to the needs of the feet according to what season we are in. Includes detoxifying cleanse exfoliation, mask and organic cream with pure seasonal aroma. Also includes a seasonal organic beverage. **\$60**

Free Traditional Manicure or Pedicure offered with the purchase of any Facial or Body Treatment the third week of every month. Call and reserve your space today!



Organic & Eco-Friendly

NEW LEAF SPA
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Our mission at New Leaf Spa is to care for our beautiful planet Earth while caring for our customers. We reduce carbon emissions by supporting other local, eco-friendly, socially conscious businesses. Many of our skin care products and unique gifts come from the upstate New York State region.

Holistic Skin Care Treatments

Customized Facial

As your body's largest organ and protector from the outside world, the skin needs special care. Our skin's health is impacted by, and changes with, our lifestyle, environment and age. Using only non-toxic plant based treatments, our experienced esthetician will customize a facial for your unique skin. We will be happy to discuss our approach and make recommendations for home care. **\$75**

New Leaf Signature Facial

Retreat to your candlelit room where your skin will be nourished and revitalized. This lavish treatment provides deep enzymatic microdermabrasion, and peptide rich moisture that naturally refines and firms skin. You will leave feeling nurtured from your skin to your soul. **\$90**

Restorative Facial

A nutritious feast for mature, dry or sun damaged skin. Gentle cleansing and thorough enzymatic exfoliation encourages cell turnover and lightens discolorations. Results-orientated serums and masks provide true restoration, leaving you with fabulous looking and feeling skin. **\$75**

Blemishes be Gone Facial

This detailed facial will provide instant relief and prevent against future breakout. Using the healing powers of plant extracts to detoxify your skin, alleviate pore congestion, and remove impurities. This treatment not only tackles breakouts, but also heals and soothes the skin. Give acne a peaceful exit while relaxing in the process. **\$75**

Daydream 30 minute facial

A refreshing mini treatment for your complexion that also revives tired spirits. You will also receive a luxurious hand treatment. **\$50**

Gentleman's Facial

Men's skin needs care too! Stress, shaving, pollution, and a poor diet can all contribute to aging skin and a dull complexion. Designed specifically for men, this treatment revitalizes skin and restores a healthy complexion. **\$75**

Advanced Facial Treatments

Organic Pumpkin Enzyme Peel

Remedies fine lines, acne scarring, age spots or dull complexions. Utilizes natural acids and organic plant extracts to remove dead skin cells and promote skin cell turnover. This treatment will leave you with fresh, smooth skin. You will see immediate results. Not recommended if pregnant. **\$75**

Series of 6 \$375

Add to any facial \$50

Organic Enzymatic Microdermabrasion

Using the powerful renewing qualities of enzymes your skin is resurfaced, bringing forth a natural healthy glow. Dull complexion, fine lines, age spots and deep pores are minimized by this treatment. Divine results when done in conjunction with Enzyme Peel. **\$75**

Series of 6 \$375

Add to any facial \$50

Organic Pumpkin Peel & Enzyme

Microdermabrasion Combo Treatment

\$120

Series of 6 Combo Treatments \$575

Add Combo to any facial \$100

Micro-Current FaceLift

Non-Invasive Facelift using FDA approved Micro-Current device, offers immediate results. Tones facial muscles, sagging skin is lifted, smoothes fine lines, creases, and wrinkles. Also beneficial for shrinking pores, acne, rosacea, scars, dark eye circles and puffiness. Regular treatments will provide increased resilience against aging. Not recommended if pregnant. **\$120**

Series of 6 \$575

Eye Treatment

Let us soothe your delicate eye area with a cooling treatment that combines gentle massage techniques with serums and oils to reduce the appearance of fine lines, dark circles, and puffiness. Great for tired, dry, and itchy eyes. **\$35**

Add to any facial \$15

Exclusive New Leaf Spa Mineral Makeup

Great for all skin types, our antioxidant rich formula, gives great coverage and all day wear. With a wonderful range of color, it's the only makeup you'll need. **Free Consults Daily!**

Massage

Swedish

A relaxing, smooth massage with rhythmic, gliding strokes. Ideal for stress relief.

50 minutes \$75

Deep Tissue

Penetrating massage aimed at releasing deep muscle spasms, relieving pain, and alleviating dysfunction with slow, even pressure.

50 minutes \$85

Custom Aromatherapy Massage

Your therapist will help you choose the essential plant oils that best fit your needs and will blend them into your massage oil. You will then receive an hour Swedish massage with your specially created blend. **50 minutes \$85**

Sports Massage

Deep pressure and trigger points or neuromuscular therapy are used to work out spasms and chronic pain within the muscles and connective tissue. The ultimate purpose is to help repair, restore and enhance muscle integrity while increasing endurance and improving elasticity and flexibility. **50 minutes \$85**

Reflexology

Reflexology is a science based on the principle that there are points in the feet, hands and ears corresponding to different parts of the body. Pressure on them helps to create balance and harmony within the body, improve circulation, soothe the nervous system, reduce stress and normalize body functions. **50 minutes \$75**

Add on to any massage 30 minutes \$35

Double Delight Pregnancy Massage

Alleviate the extra stress and tension that is experienced by expectant mothers to improve both mother and baby's overall health and well-being. Pregnancy massage can gently increase blood and lymphatic circulation, relieve musculoskeletal strain and pain, and reduce swelling. Our special Mother's Bliss Oil Blend will condition and rejuvenate body tone while nourishing areas where the skin is most stretched. (Not recommended during the first trimester).

50 minutes